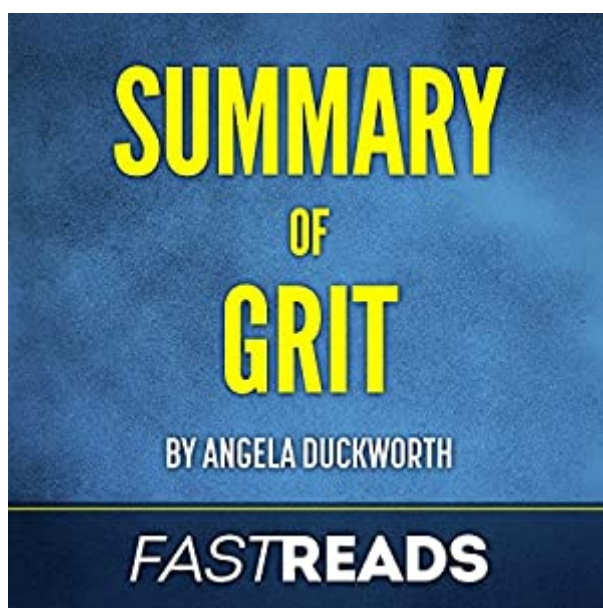


The book was found

# Summary Of Grit By Angela Duckworth: Includes Key Takeaways & Analysis



## Synopsis

Please note: This is a summary and not the original book. "One characteristic emerged as a significant predictor of success. And it wasn't social intelligence. It wasn't good looks, physical health, and it wasn't IQ. It was grit." (Angela Duckworth) "Grit is passion and perseverance for very long-term goals. Grit is having stamina. Grit is sticking with your future, day-in, day-out. Not just for the week, not just for the month, but for years. And working really hard to make that future a reality. Grit is living life like it's a marathon, not a sprint." (Angela Duckworth) "As soon as possible, experts hungrily seek feedback on how they did. Necessarily, much of that feedback is negative. This means that experts are more interested in what they did wrong - so they can fix it - than what they did right. The active processing of this feedback is as essential as its immediacy." (Angela Duckworth) Here's what you will learn: The ingredients of grit: passion and perseverance How grit is more important than talent Why effort counts twice as much How gritty people are more successful How to develop your own grit using the four psychological assets The importance of goal-setting, optimism, and a growth mindset How to develop grit in your children How to create a culture of grit And much more!

## Book Information

Audible Audio Edition

Listening Length: 41 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: FastReads

Audible.com Release Date: May 17, 2017

Language: English

ASIN: B071S3L4KR

Best Sellers Rank: #59 in Books > Audible Audiobooks > Nonfiction > Study Aids #82 in Books > Audible Audiobooks > Fiction & Literature > Literary Criticism #743 in Books > Literature & Fiction > History & Criticism > Movements & Periods

## Customer Reviews

I received exactly what I wanted and ordered.

Insightful. Inspiring. Motivating. I've never read a book like this that focuses on empowering the readers. Angela Duckworth is indeed a great author. I would love to hear more from her.

Angela Duckworth is incredible for this writing. I highly recommend this to parents, executives, and all aspiring entrepreneurs. Great read!

To the point without extraneous language. I liked it so much, I gave copies to my three junior high- and high school-aged grandchildren. They, too, found it inspiring and useful.

Everything you need to understand grit and the attributes behind it. Opens the door to the full book when you are ready for it.

I received the book as a gift and I also listened to the audio book. This summary book is very helpful. I don't have to take so much notes. A great resource to have!

Nothing really wrong with the summary... however it really makes more sense to take the time to read the actual book

The summary provides you the basic knowledge to improve one's self and reach goals their daily, monthly, and long term goals.

[Download to continue reading...](#)

Summary of Grit by Angela Duckworth: Includes Key Takeaways & Analysis Summary of Grit: The Power of Passion and Perseverance (Angela Duckworth) Summary: The Obesity Code: Unlocking the Secrets of Weight Loss by Dr. Jason Fung and Timothy Noakes: Understand Main Takeaways and Analysis (Summary Takeaways ... Low Carb, Insulin Resistance, Vegan Diet) Summary of When Things Fall Apart: by Pema Chodron: Includes Key Takeaways & Analysis Summary of Feeling Good: by David D. Burns, M.D.: Includes Key Takeaways & Analysis Summary of Mindset by Carol Dweck: Includes Key Takeaways & Analysis Summary - The Invention Of Wings: Novel By Sue Monk Kidd --- An Incredible Summary (The Invention Of Wings: An Incredible Summary-- Paperback, Hardcover, Summary, Audible, Novel, Audiobook Book 1) Summary of Jason Fung's The Obesity Code: Key Takeaways & Analysis Summary of Mel RobbinsThe Five Second Rule: Key Takeaways & Analysis Summary of Steven R. Gundry's The Plant Paradox: Key Takeaways & Analysis The 48 Laws of Power by Robert Greene: Summary, Key Takeaways & Analysis Summary of Outliers the Story of Success by Malcolm Gladwell: Book Summary Includes Analysis Summary of Pre-suasion: A Revolutionary Way to Influence and Persuade by Robert Cialdini PhD: Book

Summary Includes Analysis Summary of The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel Van der Kolk, M.D. | Book Summary Includes Analysis Summary of The Inevitable: Understanding the 12 Technological Forces That Will Shape Our Future by Kevin Kelly | Book Summary Includes Analysis Grit for Kids: 16 top steps for developing Grit, Passion, Willpower, and Perseverance in kids for self-confidence and a successful life Summary - Creativity, Inc.: By Ed Catmull - Overcoming the Unseen Forces That Stand in the Way of True Inspiration (Creativity, Inc: A Complete Summary ... Book, Paperback, Hardcover, Summary Book 1) Summary - Circling the Sun: By Paula McLain - A Detailed Summary (Circling The Sun: A Detailed Summary---Paperback, Ebook, Novel, Audiobook, Audible, Hardcover) Nora Roberts Key Trilogy CD Collection: Key of Light, Key of Knowledge, Key of Valor The Intelligent Investor: The Definitive Book on Value Investing, by Benjamin Graham and Jason Zweig: Key Takeaways, Analysis & Review

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)